



ALLIED SAFETY NEWS

Above all we strive to control or eliminate known or potential safety and health hazards in the workplace.

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Nursing Mothers Act



The Providing Urgent Maternal Protections (PUMP) for Nursing Mothers Act was signed into law on December 29, 2022. The legislation went into effect immediately when it was signed, however, the enforcement provision included a 120-day delay, making the effective date for that provision April 28, 2023. usbreastfeeding.org

Break Time for Nursing Mothers


FLSA Protections to Pump at Work

As of December 29, 2022, nearly all Fair Labor Standards Act (FLSA) covered employees have the right to take needed time and to access an appropriate space to express breast milk for a nursing child for up to one year after the child's birth.

Break Time to Pump Breast Milk An employer may not deny a covered employee a needed break to pump. Employees who telework are eligible to take pump breaks under the FLSA on the same basis as other employees. The frequency and duration of breaks needed to express milk will likely vary depending on factors related to the nursing employee and the child.



[whattoexpect / working moms](#)

Private Space to Pump Breast Milk Covered employees must be provided with "a place, other than a bathroom, that is shielded from view and free from intrusion from coworkers and the public, which may be used by an employee to express breast milk." Under the FLSA, a bathroom, even if private, is not a permissible location for the employer to provide for pumping breast milk.  Full Article: [Fact Sheet #73: FLSA | U.S. Department of Labor \(dol.gov\)](#)

The Monthly Muster

National Safety Stand-Down



Fatalities caused by falls from elevation continue to be a leading cause of death for construction employees, accounting for 378 of the 986 construction fatalities recorded in 2021 (BLS data). Those deaths were preventable. The National Safety Stand-Down raises fall hazard awareness across the country in an effort to stop fall fatalities and injuries.

What is a Safety Stand-Down? A Safety Stand-Down is a voluntary event for employers to talk directly to employees about safety. Any workplace can hold a stand-down by taking a break to focus on "Fall Hazards" and reinforcing the importance of "Fall Prevention." Employers of companies not exposed to fall hazards, can also use this opportunity to have a conversation with employees about the other job hazards they face, protective methods, and the company's safety policies and goals. It can also be an opportunity for employees to talk to management about fall and other job hazards they see.

Who Can Participate? Anyone who wants to prevent hazards in the workplace can participate in the Stand-Down. In past years, participants included commercial construction companies of all sizes, residential construction contractors, sub- and independent contractors, highway construction companies, general industry employers, the U.S. Military, other government participants, unions, employer's trade associations, institutes, employee interest organizations, and safety equipment manufacturers. [continued pg. 2](#)





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Partners OSHA is partnering with key groups to assist with this effort, including the National Institute for Occupational Safety and Health (NIOSH), the National Occupational Research Agenda (NORA), OSHA approved State Plans, State Consultation Programs, the Center for Construction Research and Training (CPWR), the American Society of Safety Professionals (ASSP), the National Safety Council, the National Construction Safety Executives (NCSE), the U.S. Air Force, and the OSHA Training Institute (OTI) Education Centers.

How to Conduct a Safety Stand-Down and FAQs Companies can conduct a Safety Stand-Down by taking a break to have a toolbox talk or another safety activity such as conducting safety equipment inspections, developing rescue plans, or discussing job specific hazards. Managers are encouraged to plan a stand-down that works best for their workplace anytime. See [Suggestions to Prepare for a Successful "Stand-Down"](#) and [Highlights from the Past Stand-Downs](#). OSHA also hosts an Events page with events that are free and open to the public to help employers and employees find your events in your area. If you plan to host a free event that is open to the public, you may contact your [Regional Stand-Down Coordinator](#).

Certificate of Participation Employers will be able to provide feedback about their Stand-Down and download a Certificate of Participation following the Stand-Down.

Share Your Story With OSHA If you want to share information with OSHA on your Safety Stand-Down, Fall Prevention Programs or suggestions on how to improve future initiatives like this, please send your email to: oshastanddown@dol.gov. Also share your Stand-Down story on social media: #StandDown4Safety.

"Working Safe Is No Accident"

Source: osha.gov/stop-falls-stand-down

The Brag Board

ASG Team Updates



We're Growing Again!



Jonathan Sigafos, CHST - *Field Safety Representative, Utility Services Division*

- Over fifteen years of field experience in environmental, safety, and health compliance.
- United States Army, 2004-2007 / Army Reserve, 2018-Present
- Currently supporting one of our Utility Partners in Southern Illinois.



This past month ASG had the opportunity to:

- Display all the great services ASG has to offer at the Underground Contractor's Association (UCA) Annual Spring Showcase.
- Present Distracted Driving and Workzone Safety/TTC risk mitigation techniques to contractor owned representatives in Central IL.
- Kick off the start of (2) Gas Transmission projects as Site Safety Representatives for our Utility Partners in Southern IL.
- Provide American Red Cross Adult First-Aid/CPR/AED Training and Certification to apprenticeship students with ABCIL.

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"Your Partner in Workplace Safety"

